

### **Subject Matter of the Homeopathic Narrative Episodes**

1. Acutes – N54: Avoiding Palliative Relief when Prescribing Acutes
2. Addiction – N184: Addiction and Rehabilitation with Homeopathy – Pt1
3. Addiction – N185: Addiction and Rehabilitation Pt2 – Remedy Choices
4. Aggravations – N28: Aggravations that Heal
5. Allergies – N26: Allergic Reactions
6. Alzheimer's – N175: Life-span versus Death-span in Alzheimer's
7. Anger – N147: Anger Management and Homeopathic Remedies
8. Arthritis – Degenerative Arthritis/Osteoarthritis – N38: A Discussion on Degenerative Arthritis/Osteoarthritis and Homeopathy
9. Arthritis – N36: A Discussion on Arthritis and Homeopathy
10. Arthritis – Rheumatoid Arthritis – N37: A Discussion on Rheumatoid Arthritis and Homeopathy
11. Autism and Neurodiversity – N153: Autism and Neurodiversity
12. Babies – N64: Babies and Homeopathy
13. Birthing – N24: Making the Next Generation Healthier – A Natural Birth
14. Burns and Scalds – N174: Burns and Scalds – Homeopathic Remedies for Summer, Sudden or Serious Ones
15. Cannibalism - N158: Human Fetal Tissue vs The Gifts of the Mother
16. Cancer – N31: A Discussion on Cancer and Homeopathy – Part 1
17. Cancer – N32: A Continued Discussion on Cancer and Homeopathy
18. Cancer – N33: A Look at Approaching the Patient with a Cancer Diagnosis
19. Case management – N80: The Homeopathic Follow Up and its Challenges for the Patient
20. Case management – N81: Homeopathic Follow Ups and their Challenges for the Homeopath
21. Cannibalism – N158: Human Fetal Tissue vs The Gifts of the Mother
22. Children – N29: Children and Homeopathy
23. Choosing Homeopathy – N114: Choosing Homeopathy
24. Colds and Flu – N83: Colds and Influenza at the Start with Homeopathy
25. Colds and Flu – N84: Colds and Homeopathy
26. Colds and Flu – N85: Influenza and Homeopathy Part 1
27. Colds and Flu – N86: Influenza and Homeopathy Part 2
28. Colic – N69: Colic in Babies and Children Helped by Homeopathy
29. Constipation – N172: Constipation – Three things that impact the Homeopathic Remedy of Choice
30. Coughs – N88: Dry Coughs Helped with Homeopathy Part 1
31. Coughs – N89: Dry Coughs Helped with Homeopathy Part 2
32. Coughs – N90: Homeopathic Remedies as Coughing Continues
33. Cure – N60: Cure by Similar Disease – Nature and Homeopathy Agree
34. Cure – N142: Signs of Healing
35. Cysts – N98: Cysts – A Homeopathic Discussion
36. Dental – N109: Tooth Pain and Homeopathy
37. Diarrhea – N53: Homeopathy helps with Diarrhea
38. Diarrhea – N55: A Conversation on Diarrhea and Well- indicated Remedies Part 2
39. Diarrhea – N56: Diarrhea and Cramps, Continuing the Conversation Part 3
40. Diarrhea – N61: Not the Last Conversation on Diarrhea and Homeopathy

PODCAST TOPICS/SUBJECTS FOR HOMEOPATHIC NARRATIVES – HOW NATURE HEALS BY NATASHA LEWIS.  
Years 2022 - 2026

41. Dreams – N118: Using Dreams in Homeopathic Case-taking
42. Dreams – N148: Dreaming as Part of the Symptom Picture As well as the Cure
43. Earth Principles – N11: Nature Heals You, Not Just the Species
44. Experience – N49: What the Homeopath Means by 'Experience'
45. Fear and Disease – N113: The Fear Factor
46. Fertility – N9: Fertility for You
47. Fever and Chills – N39: Fever & Chills – Nature's Homeopathic Response
48. Fever, inflammation and pain is healing – N34: The Body's Natural Took Kit- inflammation, fever and pain
49. First Time – N176: The First Time ...hearing about homeopathy
50. First Time – N177: The First Time ...booking a homeopathic appointment
51. First Time – N178: The First Time ...booking a follow up appointment
52. Fungi – N150: Tinea Pedis – Athlete's Foot and Homeopathic Care
53. Fungi – N149: Parasites, Fungi, Viruses and Other Eco-Saving Biodiversity Custodians
54. Genetic healing with Homeopathy – N30: The Future of Disease with Homeopathy
55. Genetic Manipulations – N138: Genetic Manipulations and the Future of Chronic Disease
56. Germs and miasma – N66: Germs, Viruses, Allergens, and Pathogens – A Dance of Life or An Attack
57. GMO impact on allergies – N15: Allergic to Being a GMO
58. Grief – N162: Grief Remedies
59. Headaches – N47: Headaches and Homeopathy Part 1
60. Headaches – N48: Headaches and Homeopathy Part 2
61. Healing principles of homeopathy – N23: How the Body Heals
62. Healing principles of the body – N119: The Body's Healing Kit in Action – a discussion
63. Healing principles of the body – N152: Antibiotics, Antivirals and the Body's Own Distractors
64. Healing principles of the body – N142: Signs of Healing when Taking Homeopathy
65. Hypertension – N159: Hypertension – Blood, Kidneys, and other Players in the Human Hydraulic System
66. Immunity building with homeopathy – N43: Building Susceptibility, Reaction and Immunity – The 'Side Effect' of homeopathy
67. Injections and its negative impact on health– N6: Stings, Injections, and Other Backdoor Entries
68. Injections and the Placebo Effect – N127: Hospitalization and Injections – the Placebo Effect
69. Integration of medical modalities – N50: Integrating Medical Modalities with 50<sup>th</sup> Episode Surprise
70. Individualized Medicine – N154: Individualized Medicine Means Individualized Symptoms
71. Kidneys – N182: Kidney Health and Homeopathy
72. Life and Death – nature chooses – N100: Natural life& Death vs Artificial Life& Death
73. Life and Death – N181: Change – Our Electrical System Transforms and Our DNA Recycles
74. Medical Procedures – N101: Homeopathic Remedies for After Medical Procedures
75. Memory of water – N7: Water's Memory of Life in Code
76. Men's Issues – N97: Men's Symptoms and Homeopathy
77. Mental States – Imbalances – N77: Homeopathy and Chemical Imbalances in the Brain
78. Mental States – Mind Body Connection – N78: Homeopathy and the Mind-Body Connection in Mental Dis-ease

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Years 2022 - 2026

79. Mental States – N76: Anger and Anxiety with Homeopathy
80. Mental States/Illness – N75: Mental State and Homeopathy
81. Miasm- N120: Miasms and Infections – Nowhere Near a Complete Story
82. Miasms – N133: Your Miasm and Your Pace of Living
83. Miasms – N134: Your Miasm and Your Pace of Living – Pt2
84. Miasms – N135: Your Miasm and Your Pace of Living – Pt3
85. Miasm – N136: Your Miasm and Your Pace of Living – Pt4
86. Mistunement – N35: The Dynamic Mistunement
87. Modalities – N188: Modalities in Homeopathic Symptomatology
88. Natural – N58: Doing Nothing is Not Natural
89. Natural- N112: The Secondary Response is Nature's Healing Principles
90. Nature's Programming – N145: Shedding, Sharing or a Program to Download from Nature
91. Naturopath vs Homeopath – N51: Homeopath and Naturopath – not the same thing
92. Neurological disorders – N40: A Discussion on Neurological Disorders and Homeopathy
93. Neurological disorders – N41: A Continued Discussion on Neurological Disorders and Homeopathy
94. Neurological disorders – N42: Approaching Neurological Disorders and Homeopathy
95. New Patients – N146: New Patients – What to Expect from the Homeopathic Process
96. Nutrition – N128: Case Management – Nutrition in Chronic Disease
97. Nutrition – N170: Blood Type Diet and Nutrition – Nature's Way
98. Nutrition – N186: Vitamins and Minerals – a homeopathic approach
99. Obstacles to Cure – N27 : Obstacles to Cure vs Obstacles to Function
100. Pandemics – N110: Nature Ends Pandemics in Our Favour
101. Pandemics – N161: Pandemics and Plandemics
102. Pain Management – N12: Pain Remedies – Nature's Homeopathic Solutions (Pt.1)
103. Pain Management for Chronic pain – N13: Pain Remedies in Chronic Disease – Nature's Homeopathic Solution
104. Palliative Care – N187: Palliative Care with Homeopathy – A Quality of Life Worth Living
105. Posology – N52: Posology in Homeopathy – when and how to take a remedy
106. Post-modern medicine – N8: Medicine Gone Mad
107. Preconceptions on health and Homeopathy – N139: Preconceptions on Health, Disease and the Body's Healing Mechanisms
108. Pregnancy – N173: The Fetus Talks – Two Life-forces Sharing
109. Pregnancy – Birth and Labour – N95: Labour and Love of the Birthing Process with Homeopathy
110. Pregnancy – Breastfeeding – N91: Pregnancy and After with Homeopathy – Mother's Milk
111. Pregnancy – Breastfeeding – N92: Pregnancy and After with Homeopathy – Breastfeeding
112. Pregnancy – Fertility – N93: Fertility and the Start of Pregnancy with Homeopathy
113. Pregnancy – Natural Way – N94: Being Pregnant the Natural Way
114. Principles and Understanding Homeopathy – N5: Understanding Nature's Codes - Homeopathy is Both an Art and a Science
115. Principles of Homeopathy – N2: Homeopathic Principles of Cure

PODCAST TOPICS/SUBJECTS FOR HOMEOPATHIC NARRATIVES – HOW NATURE HEALS BY NATASHA LEWIS.  
Years 2022 - 2026

116. Principles of Homeopathy – N3: Fighting for Nature’s Codes-Homeopathy is Both an Art and a Science
117. Principles of Homeopathy – N116: Homeopathic Concepts and Misconceptions
118. Provings – N74: Potentizing Homeopathic Medicines
119. Provings in Homeopathy – N4: Proving Nature’s Codes – Homeopathy is Both an Art and a Science
120. Provings – N111: The Responsibilities of a Prover
121. Provings – N169: Local Provings to Combat the Impact of Pollutants on Our Children and Families
122. Provings – A Trituration Proving of Vespa– N107: A Trituration Proving of Vespa – The Wasp or Yellow Jacket
123. Provings – McQuaby Proving Fall 2023 – N103: McQuaby Provings – Trituration Proving Fall 2023 – Part 1
124. Provings – McQuaby Proving Fall 2023 – N104: McQuaby Provings – Trituration Proving Fall 2023 – Part 2
125. Provings – McQuaby Proving Fall 2023 – N105: McQuaby Provings – Trituration Proving Fall 2023 – Part 3
126. Provings – McQuaby Proving Fall 2023 – N106: McQuaby Provings – Trituration Proving Fall 2023 – Part 4
127. Provings – McQuaby Provings Spring 2024 – N129: McQuaby Provings – Trituration Proving Spring 2024- Part 1
128. Provings – McQuaby Provings Spring 2024 – N130: McQuaby Provings – Trituration Proving Spring 2024 – Part 2
129. Provings – McQuaby Provings Spring 2024 – N131: McQuaby Provings – Trituration Proving Spring 2024 – Part 3
130. Provings – McQuaby Provings Spring 2024 – N132: The Proving of Ardea Herodias, the Great Blue Heron carried out by Natasha Lewis, Ontario, Canada
131. Provings – McQuaby Provings Fall 2024 – N163: McQuaby Trituration Proving Fall 2024. Part 1
132. Provings – McQuaby Provings Fall 2024 – N164: McQuaby Trituration Proving Fall 2024. Part 2
133. Provings – McQuaby Provings Fall 2024 – N165: McQuaby Trituration Proving Fall 2024. Part 3
134. Provings – McQuaby Provings Fall 2024 – N166: McQuaby Trituration Proving Fall 2024. Part 4
135. Provings – McQuaby Provings Fall 2024 – N167: McQuaby Trituration Proving Fall 2024. Part 5
136. Provings – McQuaby Provings Fall 2024 – N168: McQuaby Trituration Proving Fall 2024. Part 6 and Final Reveal of the Remedy
137. Reality redefined – N10: Vulnerable vs Hesitant, Redefining Reality
138. Remedies – acute vs first aid vs constitutional – N115: Acute vs First Aid vs Constitutional – a case study
139. Remedies – chronic vs acute – N102: Responding to a Chronic vs Acute Homeopathic Remedy

PODCAST TOPICS/SUBJECTS FOR HOMEOPATHIC NARRATIVES – HOW NATURE HEALS BY NATASHA LEWIS.  
Years 2022 - 2026

140. Remedies – how to make them – N71: Preparation of Natural Medicines – Part 1
141. Remedies – how to make them – N72: Preparation of Natural Medicines – Part 2
142. Remedies – how to make them – N73: Triturating is both a Proving and a Preparation of Homeopathic Medicines
143. Remedies – imponderables – N117: Pondering the Imponderables
144. Remedies – Matridonal remedies – N68: Matridonal Remedies and the Mother's Gifts
145. Remedies – Uranium Series – N82: The Uranium Series and the Rise of Technocrats
146. Remedies and antidoting – N87: Acute, Constitutional and First Aid Remedies, and the Antidoting Principle
147. Remedies from the animal kingdom – N17: Nature's Inventory from the Animal Kingdom
148. Remedies from the animal kingdom – N18: The Teacher of the Animal Kingdom
149. Remedies from the mineral kingdom – N19: Nature's Inventory from the Mineral Kingdom
150. Remedies from the mineral kingdom – N20: The Teacher of the Mineral Kingdom
151. Remedies from the plant kingdom – N21: Nature's Inventory from the Plant Kingdom
152. Remedies from the plant kingdom – N22: The Teacher of the Plant Kingdom
153. Remedies that Homeopaths use – N16: Nature's Kingdoms – the Homeopathic Inventory
154. Remedies that Homeopaths use – N179: Putting on the Con – The Fluor and Spider Remedies
155. Remedy prescribing – N44: The How and What of Prescribing a Homeopathic Remedy
156. Remedy prescribing – N46: Source Words as the Rare and Peculiar in Prescribing Remedies
157. Remedy prescribing – N45: The Rare and Peculiar Signs and Symptoms in Homeopathic Prescribing
158. Remedy repetition – N57: How Much of a Homeopathic Remedy is Enough?
159. Remedies – ways of taking them – N183: Ways of Taking a Homeopathic Remedy
160. Research – N160: Research to Prove Homeopathy
161. Rubrics – N63: Rubrics in Homeopathy
162. Science vs Scientism (Humanity at stake) – N121: Experiential vs Materialistic Science
163. Science vs Humanity (Humanity at stake) – N171: Progressing to the Destruction of Mankind – Homeopathy Can Give Us an Alternative
164. Seniors – N62: A Discussion on Aging and the Role Homeopathy Can Play
165. Seniors – N156 – Caring for the Elderly with the Help of Homeopathy
166. Sexuality – N140: Sex, Sexuality and Homeopathy
167. Sexuality – N96: Sexuality and Homeopathy
168. Skin Issues – N122: Skin Issues – Acne
169. Skin Issues – N123: Skin Issues – Acne Remedies
170. Skin Issues – N126: Skin Issues – Rash and Psora
171. Stomach Issues – N151: Stomach Ulcers and Diverticula with Homeopathic Care
172. Stress – N79: Stress and the Role Homeopathy Plays
173. Suppressions - Genetic healing with Homeopathy – N25: Making the Next Generation Healthier – Reducing Suppressions
174. Symptoms and Totality of Symptoms – N141: How to Explain your Symptoms to your Homeopath

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Years 2022 - 2026

- 175. Symptoms and Totality of Symptoms – N180: Totality of Symptoms – Constitutional Care and Scanning vs Acute Care
- 176. Synthetic – N70: Natural vs Synthetic
- 177. Technocracy against earth principles – N14: A Case of Earth vs the Technocrats
- 178. Tissue Salts – N155: Tissue Salts – Schuessler's Homeopathic Dilutions
- 179. Trauma – N65: Trauma and Homeopathy
- 180. Trauma and childhood – N67: A Conversation on Traumas at the Starting Line of Life and Homeopathy
- 181. Types of homeopathy – N59: Types of Homeopathy – A Conversation
- 182. Urgency of change to natural medicine – N1: Call to Action
- 183. Understanding homeopathy – N143: The Dangers of Not Understanding Homeopathy
- 184. Understanding homeopathy – N144: Success in Interplanetary Travel May Rely on an Understanding of Homeopathic Principles
- 185. Vacations/Holidays – N108: Travelling with Homeopathy
- 186. Water – N124: Water is Life
- 187. World Health – N137: Make the World Healthy Again
- 188. Women's Issues – N99: Menstruation to Menopause with Homeopathy
- 189. Women's Issues – N157: Vaginal Dysbiosis and Your Options

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